St. Charles Cross Country Student/Parent Agreement - 2015

We have a copy of the St. Charles Cross Country Parent/Student Handbook 2015, and we have read it in its entirety. We understand and intend to follow the above St. Charles XC policies and expectations to the best of our abilities.

We understand that participation on this team requires every athlete to attend EVERY meet. The coach will only make an exception to this rule in case of illness or emergency or if you already know ahead of time that there is a schedule conflict. If there is, please circle below the date of the meet for which your child will NOT be available.

Saturday, August 22 – 9:00am – AWAY - Jackson Creek Invite @ JCMS

Tuesday, August 25 - 5:30pm - HOME v. JCMS/Batchelor

Thursday, August 27 - 4:30pm - AWAY @ Brown County

Tuesday, September 8 - 5:30pm - AWAY @ Tri North

Thursday, September 17 - 4:30pm - AWAY - Shawswick/Oolitic @ Oolitic

Thursday, September 24 - 5:30pm - AWAY @ Edgewood

Monday, September 28 - 6:00pm - Columbus North/JCMS @ Columbus Northside

Tuesday, September 29 - 5:00pm - High School County meet (we will attend as a team)

Thursday, October 1 - 4:30pm - HOME v. LCA/St. Vincent

Wednesday, October 7 - 5:00pm - GIRLS - CYO Meet @ Southeastway Park in Indy Thursday, October 8 - 5:00pm - BOYS - CYO Meet @ Southeastway Park in Indy

Finally, athletes agree to consult me before running any 5k road races (e.g., Hoosiers Outrun Cancer). We need to minimize overuse injuries and maximize performance during the season. Adjustments in training may need to be made if kids are running additional races.

Printed Player Name	Player Signature	Date
Printed Parent Name	Parent Signature	Date